



URETERIC STENTS

INFORMATION SHEET FOR PATIENTS

- ◆ A ureteric stent (JJ stent, double J stent or pig-tail stent) is a plastic tube inserted into your ureter to prevent or treat obstruction of the urine flow from the kidney.
- ◆ If a stent is left in for too long, stone material may form around it, or it may break, which will make removal very difficult.
- ◆ The stent is not designed for permanent use. If you have a stent inserted then you must have a date for removal or be reviewed by your urologist to arrange for stent removal or further treatment.
- ◆ A stent often causes significant symptoms including:
 - Pain - often in the back and/or lower abdominal region
 - Frequency - wanting to go to the toilet to pass urine more often than normal
 - Urgency - having to get to the toilet in a hurry
 - Dysuria - pain or discomfort when passing urine
 - Haematuria - blood in urine
- ◆ If you have any queries or concerns about your stent, please contact our Practice Nurse on 02 9587 4888