



MANAGEMENT OF **A PROLONGED ERECTION**

A prolonged erection can be a rare side effect of Caverject, bimix or trimix use. **This can be harmful to the penis.**

If your erection takes a long time to decline, you should take the following steps:

- If your erection has not subsided after two hours, you should take 120mg of pseudoephedrine (eg. 2x60mg Sudafed tablets but NOT the sustained release formulations). Try walking around (especially up and down stairs), emptying your bladder or taking a cold or hot shower. Avoid further sexual activity.
- If your erection persists for more than four hours, take another 120mg of pseudoephedrine and continue the measures already listed above.
- **A continued erection at six hours** means that you should contact Urology Sydney Practice Nurse on 02 9587 4888 or if after hours go directly to your closest Emergency Department.

Do not delay attending Emergency department as prolonged erection may result in permanent injury.